



Food for thought

Pot pies

Small \$6.00

Medium \$13.00

Large by special order \$22.00

Varieties may change or be added and we will adjust as this happens.

Chicken, Steak & Mushroom, Beef, Steak & Kidney, Vegetarian w/red lentils

Melton Mowbray pork pies (hand pies)

\$5.00

Melton Mowbray pork pies with 10% smoked bacon (hand pies)

\$5.00

Cabbage rolls (GF)

2 for \$5.00

4 for \$9.00

Hotdogs 🌭 (GF) - made from free range pork shoulder, no weird bits

6" - 4 for \$8.00

Pepperettes

\$10.00, mild (GF) and chorizo, prepackaged 170g +

Pepperoni (GF) Mild and Hot

\$14.00 lb prepackaged

\$7.00 to \$11.00 per pack.

Jerky, nice flavourful mild (GF)

\$10.00 prepackaged 150g+

Bacon 🥓, regular and extreme (burger specialty bacon)

\$10.00 lb prepackaged

Various beef and pork sausages, ask what's on the go.

Blueberry creamed honey

250ml \$8.00

500ml \$13.00

Syrups \$10.00 250ml bottles

Maple syrup

Blueberry maple syrup

Blueberry honey syrup

Some items are available for market pick up (or delivery depending on area), delivery days generally Thursday.

CONTACT US! 😊 **Facebook** = TwinAitch Food for Thought, **Instagram** = TwinAitch, **Telephone** 902-240-54430, **email** = info@twinaitch.ca



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